

# Quincy Police Officer To Host Fundraiser Feb. 4

## Heart Transplant Recipient Mike O'Brien 'To Give Back' To HeartBrothers Foundation

Quincy police officer and recent heart transplant recipient Mike O'Brien will host a fundraiser on Feb. 4 to benefit The HeartBrothers Foundation (HBF).

O'Brien, who underwent a successful heart transplant last August, has an impressive story of commitment and determination. He has served 26 years with the Quincy Police Department and served in the U.S. Marines. He has battled congestive heart failure since 2015.

While in the hospital, O'Brien learned about HBF when a group member came to see him. Heart Brothers, who live with heart failure and are often heart transplant recipients themselves, routinely visit heart failure patients at Boston-area hospitals.

"Meeting the HeartBrothers helped me know I was not alone and helped me navigate the changes in my health," said O'Brien. "My new mission is to give back to an organization that has given so much to me."

The event to benefit The HeartBrothers Foundation will be on Sunday, Feb. 4 from 2 to 8 p.m. at the restaurant ALBA on 53, located at 2053 Washington Street in Hanover. The event will feature food and entertainment.

HBF serves thousands of heart failure patients with emotional and financial support, a patient support group, educational webinars and other resources. The foundation also runs the HeartBrothers House in Boston, where heart failure patients and their families can stay during treatment.

"Mike's story shows heart failure can affect anyone. We created The HeartBrothers Foundation to help patients like Mike. We are excited that he is now dedicated to helping even more people by spreading awareness of our organization and raising money to lessen the burden on other patients," said Pat Sullivan, co-founder of the HeartBrothers.



Quincy police officer and recent heart transplant recipient Mike O'Brien (right) with his family. O'Brien will host a fundraiser on Sunday, Feb. 4 from 2 to 8 p.m. at ALBA on 53, Hanover, to benefit The HeartBrothers Foundation (HBF). *Courtesy Photo*

## Edith B. MacDonald Scholarship Applications

Applications are available for the Edith B. MacDonald Scholarship given by the Seaside Gardeners of Squantum.

Any high school senior currently living in Squantum and any relative of a member of the Seaside Gardeners planning to attend a two year or four year college is eligible for the \$1,000 award.

To be considered, applications must be postmarked by April 1st. Contact Laurie Kelliher at 617-797-3349 or email her at lauriekelliher@verizon.net.

## Learn-To-Skate Classes

Bay State Skating School announces new winter learn-to-skate classes for children, ages 4 to 18 are at ice rinks in Weymouth and Quincy.

Classes at the Connell Rink, 220-R Broad St. in Weymouth start Sunday, Feb. 11th at 2 p.m. for seven weeks and at the Shea Memorial Rink, on Willard Street in Quincy, starts Sunday, Feb. 25th at 11 a.m. for five weeks. Classes are also available at nine area rinks.

Use either figure, recreational or hockey skates. Beginner, intermediate and advanced classes taught by professional instructors. For information and to register, call Bay State Skating School at 781-890-8480 or visit online at [www.BayStateSkatingSchool.org](http://www.BayStateSkatingSchool.org).

## Seven On Regis Dean's List

Seven students from Quincy are on the Dean's List for the fall semester at Regis College in Weston.

They are:

Flora Chen (nursing); Ella Connolly (education and English); Alexandra

Gagne (education and Interdis.Studies: Humanities); Aniah Hernandez (nursing); Annabelle Le (biology); Stephanya Mendes (education and Interdis.Studies: Humanities); and Megan Miller (nursing).

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